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Newsletter 2 April 2010

Sorry we went a bit quiet after the Lobby! We have had a lot of things to discuss and sort out, and a bit of catching up on everything else to be done.

Uschi steps down

Ursula Kraus-Harper has decided that she should step down from her role as Chair of H:MC21. She will continue as a trustee, but will not take on another formal position.

Many people may not realise the extent of her work for H:MC21 over the last three years, because much of it has been behind the scenes. Without her, though, we would not be where we are today. We are sure that all the supporters of H:MC21 will join us in wishing her all the best for the future, and thanking her for her considerable contribution to the campaign.

After the lobby, what next?

Our next event is a meeting in London on Sunday 18 April to discuss what our supporters want us to focus on following handing in the declaration and lobbying Parliament. We have invited those who have taken an active role already, but if you would like to be part of this meeting, contact us about being included.

We do not just want to talk to people who can get to London. Ideally, we would like to arrange meetings in Scotland, the North West, the North East, Wales, and the West Country. If you are interested, please help us by finding a venue and we will contact people in the area.

We want to make H:MC21 more inclusive. With some 6,000 people supporting our aim of reversing the attacks on homeopathy, we could be a powerful movement for change. We want you to make it your organisation, where you can shape the goals and help achieve them in a manageable way.

One hour and one pound

One way in which you could help make us financially secure,

improve our website, and increase our ability to organise, is to make a commitment to give H:MC21 one hour and one pound per month.

- Download the standing order form from our Donations page <http://www.hmc21.org/#/donations/4533514917>.
- Sign up for the hour on our new 'How to help' page <http://www.hmc21.org/#/how-to-help/4539960170>.

We would also like to know what skills you have, so that we can make the most of the wide range of people who support homeopathy. Examples include:

- Administrative and secretarial skills
- Facebook, Twitter and website skills
- Marketing skills
- Writing skills
- Research skills
- Knowledge of other languages
- Photography and video skills

The campaign against homeopathy has affected people very widely, and they often are not aware that it is based on propaganda not facts. We want to make the facts more widespread and popular than the propaganda. We also want our campaign to be positive and exciting.

Other groups

We want to work with and promote other organisations and groups. The mass lobby of Parliament showed how homeopaths and patients can come together in unity and confidence. We want to support and encourage enthusiasm and new ideas, because one person does not know everything and one approach is not enough. The disease may be propaganda, but different people may need a different cure.

Below are some links to information, groups and people who you may not have come across. Have a look and see if you like what they are doing too:

- <http://homeopathy.wildfalcon.com/>
- <http://avilian.co.uk/>
- www.homeopathyresearchinstitute.org/
- <http://www.healthlines.co.uk/>

Research on Aconite

Also a supporter recently sent us an article about a study which identified a significant difference between *Aconitum* 30c and placebo. The abstract can be read

at: <http://www.ncbi.nlm.nih.gov/pubmed/19657201>

The paper can be downloaded from the publisher's website

at: <http://content.karger.com/produktedb/produkte.asp?typ=fulltext&file=000219316>

Society of Homeopaths

William Alderson (the new Chair of H:MC21) is standing for the Board of Directors of the Society of Homeopaths this year. If voted onto the Board, he hopes to take some of the energy and enthusiasm of H:MC21 into the Society's leadership. We wish him the best of luck, and urge supporters who are Society members to vote for him.

Finally, a big "Thank you!" to all our supporters who made the lobby a success. Help us to continue our work to make homeopathy the medicine of the 21st century.

The H:MC21 team