

We wish you all a very happy 2009! And we thank you for your support over the last year.

In this newsletter:

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What is happening at H:MC21?

• Signatures: We have now over 23,000 signatures and are planning to intensify the campaign, funds permitting

Please keep collecting signatures! And don't forget to send us your completed lists.

• PCT Survey: At the moment we lack funding to continue the survey but we are actively fundraising and we hope to be able to take up the work again in February or March.

• We have a new board member : Melanie Sutton has joined us recently and is busy working with Neal's Yard who have expressed an interest in promoting our campaign across all their shops in the UK.

• We are planning another party, this time in Scotland. Details will be announced next month.

• On the 15th of March, The Homeopathic Medical Association (HMA) are holding their annual conference. They have kindly agreed to let us promote the campaign at the conference without charging us for our display. We are very grateful to them, especially because we have in the past been charged for similar facilities. You can find out details of the conference (with its very interesting topics and speakers) by [clicking here](#).

• And we are working on two rather larger, exciting projects – for which we need money we do not (yet) have... but more about this next time.

Please make a donation to fund this campaign

All these activities need to be financed. It costs just under £100 per month alone to keep our websites and the survey active. All the work we do is voluntary, we only charge petrol money, if at all. So, we urgently need your help!

If every one of you on this email list (over 6,000 people) gives even just one pound, we could be much more active and promote the campaign more prominently.

Please donate now – every £ helps!!

[Click here](#) and you will be taken to PayPal.

You do not need to have a PayPal account, just use your debit or credit card.

Or get together with a few friends or patients, collect a donation from each and send us

a cheque (made out to H:MC21) to

The Treasurer
H:MC21
The Old Farmhouse
Filgrave
Bucks MK16 9ET

Thanks a lot!

Homeopathy in Cuba

This year started with very positive news about homeopathy: **“Cuba prevents an annual epidemic outbreak of Leptospirosis among 2.5 million people using homeopathic prophylaxis”** (for those of you who are homeopaths: they used a nosode of Leptospirosis).

[Leptospirosis is a bacterial disease that affects humans and animals. In humans it causes a wide range of symptoms, and some infected persons may have no symptoms at all. Symptoms of leptospirosis include high fever, severe headache, chills, muscle aches, and vomiting, and may include jaundice (yellow skin and eyes), red eyes, abdominal pain, diarrhea, or a rash. If the disease is not treated, the patient could develop kidney damage, meningitis (inflammation of the membrane around the brain and spinal cord), liver failure, and respiratory distress. In rare cases death occurs.] Two doses were given over a period of 7-9 days, which brought down the incidence of infection to ten people with no fatalities.

Below is a copy of the summary of the paper by the authors; the paper was presented at the International Meeting on Homeoprophylaxis, Homeopathic Immunisation and Nosodes against Epidemics , 10-12 December 2008 , at the Havana Convention Centre.

Homeoprophylaxis: Cuban Experiences on Leptospirosis

Dr. Concepción Campa, Dr. Luis E. Varela, Dr. Esperanza Gilling, MCs. Rolando Fernández, Tec. Bárbara Ordaz, Dr. Gustavo Bracho, Dr. Luis García, Dr. Jorge Menéndez, Lic. Natalia Marzoa, Dr. Rubén Martínez.

“The Finlay Institute is a centre dedicated to development and production of vaccines; we also bring our WHO qualified facilities for all homeopaths and homeopathic medicine. The Finlay Institute acts as supporting institution for research, production and development of high quality homeopathic products. However, according with the social objective addressing prevention of infectious diseases, we are focused on homeo- prophylaxis as strategy to attenuate the impact of preventable diseases on developing world, the ones that need it the most.

Thus, development and evaluation of nosodes, appears to be our main approach to fill up the breakthrough on current conventional strategies based on vaccination. Similarly with vaccination interventions, massive applications of prophylactic nosodes give rise to a greater impact on population health compared with individualized therapies. In addition, the easy administration and low economics resources needed, become this alternative really suitable and accessible for developing countries and almost the best for emergency situations comprising epidemic outbreaks and natural disasters. The Cuban experiences of massively administrated nosodes supports its use as a promising solution to confront epidemiological dangerous situations.

On October-November 2007, three provinces of the eastern region of Cuba were affected by strong rainfalls causing floods of big areas and several damages to sanitary and health systems. The risk of leptospirosis infection raised extremely dangerous levels with about 2 million of people exposed to potentially contaminated water.

Considering this situation, the Finlay Institute prepared a leptospira nosode 200 CH using 4 circulating strains and following international quality standards. A multidisciplinary team travelled to the affected regions to conduct the massive administration of the nosode. Coordinated action with public health system infrastructures allowed the administration of a preventive treatment consisting in two doses (7- 9 days apart) of the nosode to about 2,4 million of people (4,8 million of doses). The coverage of the intervention rose up to 95% percent of total population of the three provinces at risk.

The epidemiology surveillance after the intervention showed a dramatic decrease of morbidity two weeks after and a reduction to zero of mortality of hospitalized patient. The number of confirmed leptospirosis cases remains at low levels and below the expected levels according with the trends and rain regimens.

A reinforcing application was given after the hit of the hurricane IKE but using the nosode diluted up to 10 MC. Strict epidemiologic surveillance is carried out on this provinces. Up to date result will be presented.

The results supported the design of new strategies for leptospirosis control. This experience could be extended to other diseases and other countries. The Finlay Institute is offering our facilities and specialists to spread this alternative to all regions needing emergent alternatives for epidemic control and prevention".

More next month.